Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 2025 Vista Harden Ranch Assisted living						9:30am Brain Teasers and Riddles 10:00am Morning Strength Circuit 11:00am Mardi Gras Mask Decorating 1:00pm Classic Movie Matinee 1:20pm Nostalgic Karaoke 3:00pm Trivia Challenge 4:00pm Gratitude Reflection Circle
9:30am Brain Teasers and Riddles 10:00am Fresh Produce Market Day 10:00am Tranquil Chair Yoga Flow 11:00am Wheel of fortune 2:00pm Guided Meditation Journey 3:00pm Reminiscing with Cherished Mementos 4:00pm Reminiscing Circle	9:30am Guided Meditation and Reflection 10:00am Morning Strength Circuit 10:30am Life Stories Circle 11:00am Vaccination 1:00pm Blackjack Card Game 1:00pm Grocery Shopping Trip 1:00pm Wine Tasting Bingo 2:00pm Family Feud 3:00pm Social Charades 4:00pm Reminiscing Circle	9:30am Local History Reenactment 10:00am Tranquil Chair Yoga Flow 11:00am Menu Chat 1:00pm Bingo 2:00pm Mardi Gras Masquerade Ball 3:00pm Patio Picnic Social 4:00pm Classic Table Game Tournament	9:30am Name That Tune Musical Reminiscence 10:00am Tranquil Chair Yoga Flow 10:30am Life Stories Circle 11:00am Communion 1:00pm Town Hall Meeting 2:00pm Seasonal Artificial Wreath Crafting 3:30pm Irish Trivia Circle 4:30pm Teatime	9:30am Brain Teasers and Riddles 10:00am Morning Strength Circuit 11:00am Childhood Memories Show-and-Tell 1:00pm Bingo 2:00pm Wheel of fortune 3:30pm Inspirational Story Circle 4:30pm Tranquil Tea Time	9:30am Guided Mediation and Reflection 10:00am Tranquil Chair Yoga Flow 10:30am Life Stories Circle 1:00pm Blackjack Card Game 2:30pm Hilarious Storytelling Hour 3:00pm Happy Hour Mike Noonan	9:30am Brain Teasers and Riddles 10:00am Morning Strength Circuit 11:00am Guided Meditation for Relaxation 1:00pm Classic Movie Matinee 1:20pm Nostalgic Karaoke 3:00pm Alligator A The Crazy Cowboy 4:00pm Gratitude Reflection Circle
9:30am Brain Teasers and Riddles 10:00am Chair Yoga 10:00am Tranquil Chair Yoga Flow 11:00am Historical Walking Tour 11:00am Wheel of fortune 2:00pm Guided Meditation Journey 3:00pm Reminiscing with Cherished Mementos 4:00pm Reminiscing Circle	9:30am Guided Meditation and Reflection 10:00am Morning Strength Circuit 10:30am Life Stories Circle 11:00am Wheel of fortune 1:00pm Blackjack Card Game 1:00pm Grocery Shopping Trip 1:00pm Wine Tasting Bingo 2:00pm Family Feud 3:00pm Social Charades 4:00pm Reminiscing Circle	9:30am Local History Reenactment 10:00am Tranquil Chair Yoga Flow 10:30am Bible study Billy 11:00am Teatime 1:00pm Bingo 2:00pm Reminiscing Circle 3:00pm Cultural Cuisine Celebration 4:00pm Classic Table Game Tournament	9:30am Name That Tune Musical Reminiscence 10:00am Tranquil Chair Yoga Flow 10:30am Life Stories Circle 11:00am Senior Trivia Showdown 1:00pm Town Hall Meeting 2:00pm Birthday Parade Celebration 3:00pm Pressed Flower Art Workshop 4:30pm Guided Mindfulness Meditation	9:30am Brain Teasers and Riddles 10:00am Morning Strength Circuit 11:00am Childhood Memories Show-and-Tell 1:00pm Bingo 2:00pm Family Feud 3:00pm Inspirational Story Circle 4:30pm Tranquil Tea Time	13 9:30am Guided Mediation and Reflection 10:00am Tranquil Chair Yoga Flow 10:30am Life Stories Circle 1:00pm Blackjack Card Game 2:30pm Hilarious Storytelling Hour 3:00pm Happy Hour Steven 4:00pm Tech Nostalgia: Memories of Innovations Past	9:30am Brain Teasers and Riddles 10:00am Morning Strength Circuit 11:00am Guided Meditation for Relaxation 11:45am Local Restaurant Lunch Excursion 1:00pm Classic Movie Matinee 1:20pm Nostalgic Karaoke 3:00pm Trivia Challenge 4:00pm Gratitude Reflection Circle
9:30am Brain Teasers and Riddles 10:00am Chair Yoga 11:00am Historical Walking Tour 11:00am Wheel of fortune 1:00pm Therapeutic Coloring and Crafting 2:00pm Guided Meditation Journey 3:00pm Reminiscing with Cherished Mementos 4:00pm Reminiscing Circle	9:30am Guided Meditation and Reflection 10:00am Morning Strength Circuit 10:30am Life Stories Circle 11:00am St. Patrick's Day Celebration 1:00pm Blackjack Card Game 1:00pm Grocery Shopping Trip 2:00pm Family Feud 3:00pm Social Charades 4:00pm Reminiscing Circle	9:30am Local History Reenactment 10:00am Tranquil Chair Yoga Flow 11:00am Teatime 1:00pm Bingo 1:30pm Pastel Spring Garden Party 2:00pm Reminiscing Circle 3:00pm Cultural Cuisine Celebration 4:00pm Classic Table Game Tournament	9:30am Name That Tune Musical Reminiscence 10:00am Tranquil Chair Yoga Flow 10:30am Life Stories Circle 11:00am Mass With Fater David 11:00am Senior Trivia Showdown 1:00pm Balloon Volleyball 2:00pm Group Storytelling Circle 3:00pm Pressed Flower Art Workshop 4:30pm Guided Mindfulness Meditation	9:30am Brain Teasers and Riddles 10:00am Morning Strength Circuit 11:00am Childhood Memories Show-and-Tell 1:00pm Bingo 2:30pm Sundae Delight 3:30pm Would You Rather? Game 4:30pm Tranquil Tea Time	9:30am Guided Mediation and Reflection 10:00am Tranquil Chair Yoga Flow 10:30am Life Stories Circle 1:00pm Blackjack Card Game 2:30pm Hilarious Storytelling Hour 3:00pm Happy Hour Peter Cor 4:00pm Tech Nostalgia: Memories of Innovations Past	9:30am Brain Teasers and Riddles 10:00am Morning Strength Circuit 11:00am Guided Meditation for Relaxation 1:00pm Classic Movie Matinee 1:20pm Nostalgic Karaoke 3:00pm Trivia Challenge 4:00pm Gratitude Reflection Circle
9:30am Brain Teasers and Riddles 10:00am Chair Yoga 10:00am Tranquil Chair Yoga Flow 11:00am Historical Walking Tour 11:00am Wheel of fortune 1:00pm Therapeutic Coloring and Crafting 2:00pm Guided Meditation Journey 3:00pm Reminiscing with Cherished Mementos 4:00pm Reminiscing Circle	9:30am Guided Meditation and Reflection 10:00am Morning Strength Circuit 10:30am Life Stories Circle 11:00am Wheel of fortune 1:00pm Blackjack Card Game 1:00pm Grocery Shopping Trip 2:00pm Jessica's Interactive Cooking Class 3:00pm Social Charades 4:00pm Reminiscing Circle	9:30am Local History Reenactment 10:00am Tranquil Chair Yoga Flow 11:00am Teatime 1:00pm Bingo 2:00pm Reminiscing Circle 3:00pm Cultural Cuisine Celebration 4:00pm Classic Table Game Tournament	9:30am Name That Tune Musical Reminiscence 10:00am Tranquil Chair Yoga Flow 10:30am Life Stories Circle 11:00am Senior Trivia Showdown 1:00pm Balloon Volleyball 2:00pm Group Storytelling Circle 3:00pm Pressed Flower Art Workshop 4:30pm Guided Mindfulness Meditation	9:30am Brain Teasers and Riddles 10:00am Morning Strength Circuit 11:00am Childhood Memories Show-and-Tell 1:00pm Bingo 2:00pm Sundae Delight 3:30pm Would You Rather? Game 4:30pm Tranquil Tea Time	9:30am Guided Mediation and Reflection 10:00am Tranquil Chair Yoga Flow 10:30am Life Stories Circle 1:00pm Blackjack Card Game 2:30pm Hilarious Storytelling Hour 3:00pm Karaoke 4:00pm Tech Nostalgia: Memories of Innovations Past	9:30am Brain Teasers and Riddles 10:00am Morning Strength Circuit 11:00am Guided Meditation for Relaxation 1:00pm Classic Movie Matinee 1:20pm Nostalgic Karaoke 3:00pm Vietnam War Remembrance 4:00pm Gratitude Reflection Circle
9:30am Brain Teasers and Riddles 10:00am Chair Yoga 10:00am Tranquil Chair Yoga Flow 11:00am Historical Walking Tour 11:00am Wheel of fortune 1:00pm Therapeutic Coloring and Crafting 2:00pm Guided Meditation Journey 3:00pm Reminiscing with Cherished Mementos 4:00pm Reminiscing Circle	9:30am Guided Meditation and Reflecti 10:00am Morning Strength Circuit 10:30am Life Stories Circle 11:00am Wheel of fortune 1:00pm Blackjack Card Game 2:00pm Family Feud 3:00pm Social Charades 4:00pm Reminiscing Circle		Birthdays ino-Monta, Charlene 3/12 acker, Shirley 3/23			