

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2025

## Vista Harden Ranch Memory Care

**9:30am** Brain Teasers and Riddles **1**  
**10:00am** Morning Strength Circuit  
**11:00am** Mardi Gras Mask Decorating  
**1:00pm** Classic Movie Matinee  
**2:00pm** Nostalgic Karaoke 🎤  
**3:00pm** Trivia Challenge

**9:30am** Brain Teasers and Riddles **2**  
**10:00am** Fresh Produce Market Day  
**10:00am** Tranquil Chair Yoga Flow  
**11:00am** wheel of fortune  
**1:00pm** Afternoon Tea Social  
**2:00pm** Guided Meditation Journey  
**3:15pm** Reminiscing with Cherished Mementos

**9:30am** Guided Meditation and Reflection **3**  
**10:00am** Morning Strength Circuit  
**10:30am** Life Stories Circle  
**11:00am** Vaccination 🩺  
**1:00pm** Blackjack Card Game  
**1:00pm** Grocery Shopping Trip  
**1:30pm** Wine Tasting Bingo  
**3:00pm** Family Feud

**9:30am** Local History Reenactment **4**  
**10:00am** Tranquil Chair Yoga Flow  
**11:00am** Menu Chat  
**1:00pm** Bingo  
**1:30pm** Mardi Gras Masquerade Ball  
**2:15pm** Guided Mindfulness Meditation  
**3:00pm** Nostalgic Snack Tasting  
**3:15pm** Classic Table Game Tournament

**9:30am** Name That Tune Musical Reminiscence **5**  
**10:00am** Tranquil Chair Yoga Flow  
**10:30am** Life Stories Circle  
**11:00am** Communion  
**1:15pm** Town Hall Meeting  
**3:15pm** Guided Mindfulness Meditation

**9:30am** Brain Teasers and Riddles **6**  
**10:00am** Morning Strength Circuit  
**11:00am** Childhood Memories Show-and-Tell  
**1:00pm** Bingo  
**2:00pm** Inspirational Story Circle  
**3:00pm** Cultural Cuisine Celebration

**9:30am** Guided Mediation and Reflection **7**  
**10:00am** Tranquil Chair Yoga Flow  
**10:30am** Life Stories Circle  
**1:00pm** Blackjack Card Game  
**3:00pm** Happy Hour Mike Noonan  
**4:00pm** Outdoor Gratitude Circle

**9:30am** Brain Teasers and Riddles **8**  
**10:00am** Morning Strength Circuit  
**11:00am** Guided Meditation for Relaxation  
**1:00pm** Classic Movie Matinee  
**2:00pm** Nostalgic Karaoke 🎤  
**3:00pm** Alligator 🐊 The Crazy Cowboy 🤠

**9:30am** Brain Teasers and Riddles **9**  
**10:00am** Chair Yoga  
**10:00am** Tranquil Chair Yoga Flow  
**11:00am** wheel of fortune  
**1:00pm** Afternoon Tea Social  
**2:00pm** Guided Meditation Journey  
**3:15pm** Reminiscing with Cherished Mementos  
**11:00pm** Historical Walking Tour

**9:30am** Guided Meditation and Reflection **10**  
**10:00am** Morning Strength Circuit  
**10:30am** Life Stories Circle  
**11:00am** Wheel of fortune  
**1:00pm** Blackjack Card Game  
**1:00pm** Grocery Shopping Trip

**9:30am** Local History Reenactment **11**  
**10:00am** Tranquil Chair Yoga Flow  
**10:30am** Bible study Billy  
**11:00am** Teatime  
**1:00pm** Bingo  
**2:15pm** Guided Mindfulness Meditation  
**3:00pm** Nostalgic Snack Tasting

**9:30am** Name That Tune Musical Reminiscence **12**  
**10:00am** Tranquil Chair Yoga Flow  
**10:30am** Life Stories Circle  
**11:00am** Senior Trivia Showdown  
**1:00pm** Balloon Volleyball  
**2:00pm** Birthday Parade Celebration  
**3:15pm** Guided Mindfulness Meditation

**9:30am** Brain Teasers and Riddles **13**  
**10:00am** Morning Strength Circuit  
**11:00am** Childhood Memories Show-and-Tell  
**1:00pm** Bingo  
**2:00pm** Inspirational Story Circle  
**3:00pm** Cultural Cuisine Celebration

**9:30am** Guided Mediation and Reflection **14**  
**10:00am** Tranquil Chair Yoga Flow  
**10:30am** Life Stories Circle  
**1:00pm** Blackjack Card Game  
**3:00pm** Happy hour Steven  
**4:00pm** Outdoor Gratitude Circle

**9:30am** Brain Teasers and Riddles **15**  
**10:00am** Morning Strength Circuit  
**11:00am** Guided Meditation for Relaxation  
**11:45am** Local Restaurant Lunch Excursion  
**1:00pm** Classic Movie Matinee  
**2:00pm** Nostalgic Karaoke 🎤  
**3:15pm** Trivia Challenge

**9:30am** Brain Teasers and Riddles **16**  
**10:00am** Chair Yoga  
**10:00am** Tranquil Chair Yoga Flow  
**11:00am** wheel of fortune  
**1:00pm** Afternoon Tea Social  
**2:00pm** Guided Meditation Journey  
**3:15pm** Reminiscing with Cherished Mementos  
**11:00pm** Historical Walking Tour

**9:30am** Guided Meditation and Reflection **17**  
**10:00am** Morning Strength Circuit  
**10:30am** Life Stories Circle  
**11:00am** St. Patrick's Day Celebration  
**11:00am** Wheel of fortune  
**1:00pm** Blackjack Card Game  
**1:00pm** Grocery Shopping Trip

**9:30am** Local History Reenactment **18**  
**10:00am** Tranquil Chair Yoga Flow  
**11:00am** Teatime  
**1:00pm** Bingo  
**2:15pm** Guided Mindfulness Meditation  
**3:00pm** Nostalgic Snack Tasting

**9:30am** Name That Tune Musical Reminiscence **19**  
**10:00am** Tranquil Chair Yoga Flow  
**10:30am** Life Stories Circle  
**11:00am** Mass With Fater David  
**11:00am** Senior Trivia Showdown  
**1:00pm** Balloon Volleyball  
**3:15pm** Guided Mindfulness Meditation

**9:30am** Brain Teasers and Riddles **20**  
**10:00am** Morning Strength Circuit  
**11:00am** Childhood Memories Show-and-Tell  
**1:00pm** Bingo  
**2:00pm** Inspirational Story Circle  
**3:00pm** Cultural Cuisine Celebration

**9:30am** Guided Mediation and Reflection **21**  
**10:00am** Tranquil Chair Yoga Flow  
**10:30am** Life Stories Circle  
**1:00pm** Blackjack Card Game  
**3:00pm** Happy hour Peter Cor  
**4:00pm** Outdoor Gratitude Circle

**9:30am** Brain Teasers and Riddles **22**  
**10:00am** Morning Strength Circuit  
**11:00am** Guided Meditation for Relaxation  
**1:00pm** Classic Movie Matinee  
**2:00pm** Nostalgic Karaoke 🎤  
**3:15pm** Trivia Challenge

**9:30am** Brain Teasers and Riddles **23**  
**10:00am** Chair Yoga  
**10:00am** Tranquil Chair Yoga Flow  
**11:00am** wheel of fortune  
**1:00pm** Afternoon Tea Social  
**2:00pm** Guided Meditation Journey  
**3:15pm** Reminiscing with Cherished Mementos  
**11:00pm** Historical Walking Tour

**9:30am** Guided Meditation and Reflection **24**  
**10:00am** Morning Strength Circuit  
**10:30am** Life Stories Circle  
**11:00am** Wheel of fortune  
**1:00pm** Blackjack Card Game  
**1:00pm** Grocery Shopping Trip  
**2:00pm** Jessica's Interactive Cooking Class

**9:30am** Local History Reenactment **25**  
**10:00am** Tranquil Chair Yoga Flow  
**11:00am** Teatime  
**1:00pm** Bingo  
**2:15pm** Guided Mindfulness Meditation  
**3:00pm** Nostalgic Snack Tasting

**9:30am** Name That Tune Musical Reminiscence **26**  
**10:00am** Tranquil Chair Yoga Flow  
**10:30am** Life Stories Circle  
**11:00am** Senior Trivia Showdown  
**1:00pm** Balloon Volleyball  
**3:15pm** Guided Mindfulness Meditation

**9:30am** Brain Teasers and Riddles **27**  
**10:00am** Morning Strength Circuit  
**11:00am** Childhood Memories Show-and-Tell  
**1:00pm** Bingo  
**2:00pm** Inspirational Story Circle  
**3:00pm** Cultural Cuisine Celebration

**9:30am** Guided Mediation and Reflection **28**  
**10:00am** Tranquil Chair Yoga Flow  
**10:30am** Life Stories Circle  
**1:00pm** Blackjack Card Game  
**3:00pm** Karaoke 🎤  
**4:00pm** Outdoor Gratitude Circle

**9:30am** Brain Teasers and Riddles **29**  
**10:00am** Morning Strength Circuit  
**11:00am** Guided Meditation for Relaxation  
**1:00pm** Classic Movie Matinee  
**2:00pm** Nostalgic Karaoke 🎤  
**3:15pm** Trivia Challenge

**9:30am** Brain Teasers and Riddles **30**  
**10:00am** Chair Yoga  
**10:00am** Tranquil Chair Yoga Flow  
**11:00am** wheel of fortune  
**1:00pm** Afternoon Tea Social  
**2:00pm** Guided Meditation Journey  
**3:15pm** Reminiscing with Cherished Mementos  
**11:00pm** Historical Walking Tour

**9:30am** Guided Meditation and Reflection **31**  
**10:00am** Morning Strength Circuit  
**10:30am** Life Stories Circle  
**11:00am** Wheel of fortune  
**1:00pm** Blackjack Card Game

  
**Birthdays**  
**Dickson/ Don 3/2**  
**Ortega, Jose 3/3**

