

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Events Are Subject to Change</p> <p>★ ★ ★ ★ ★</p> <p>VETERANS DAY</p> <p>HONORING ALL WHO SERVED</p>	<p>THANKSGIVING DAY</p>	<p>NATIVE AMERICAN HERITAGE MONTH</p>	<p>DIA DE LOS MUERTOS</p>	<p>NOVEMBER PROSTATE CANCER AWARENESS MONTH</p>	<p>Extra Mile Day</p> <p>9:00 Vista Fitness ↔</p> <p>10:15 Adult Coloring</p> <p>11:00 Chair Dancing</p> <p>1:00 Karaoke Day ♪</p> <p>2:00 Dance Class</p> <p>3:00 AL Mike Noonan ♪</p> <p>3:15 Breathing Exercise</p> <p>4:00 Table Games</p>	<p>Day of the Death</p> <p>9:00 Vista Fitness ↔</p> <p>10:15 Manicures</p> <p>11:00 Dance Time</p> <p>1:00 Bingo</p> <p>2:00 Crafting</p> <p>3:15 Sing A long</p> <p>4:00 Seated Yoga</p>
<p>Daylight Saving Time Begins 3</p> <p>9:00 Vista Fitness ↔</p> <p>10:15 Seated Basket Ball</p> <p>11:00 familiar faces Bingo</p> <p>1:00 Dance Time</p> <p>2:00 History Game</p> <p>3:15 Bowling</p> <p>4:00 Wheel of Fortune Game</p>	<p>National Candy Day 4</p> <p>9:00 Vista Fitness ↔</p> <p>10:00 Book Club 📖</p> <p>11:00 Ring Toss</p> <p>1:00 Seated Basket Ball</p> <p>2:00 Fidget Game</p> <p>3:15 History Game</p> <p>4:00 Ping Pong</p>	<p>American Football Day 5</p> <p>9:00 Vista Fitness ↔</p> <p>10:15 Trivia Cards</p> <p>11:00 Balloon Base Ball</p> <p>1:00 Parachute</p> <p>2:00 Puzzles</p> <p>3:00 California Bingo</p> <p>4:00 Breathing Exercise</p>	<p>National Nachos Day 6</p> <p>9:00 Vista Fitness ↔</p> <p>10:15 Dominoes</p> <p>11:00 Corn Hole</p> <p>1:00 Golf Putting</p> <p>2:00 Who knows history better?</p> <p>3:15 Yoga Class</p> <p>4:00 Table Games</p>	<p>Hug a Bear Day 7</p> <p>9:00 Vista Fitness ↔</p> <p>10:15 Family feud</p> <p>11:00 Seated Basket Ball</p> <p>1:00 Blackjack</p> <p>2:00 Dace Time</p> <p>3:15 Table Games</p> <p>4:00 Stretching Exercises</p>	<p>National Dance Day 8</p> <p>9:00 Vista Fitness ↔</p> <p>10:15 Adult Coloring</p> <p>11:00 Chair Dancing</p> <p>1:00 Karaoke ♪</p> <p>2:00 Dance Class</p> <p>3:15 Breathing Exercise</p> <p>4:00 Table Games</p>	<p>National Fried Chicken 9</p> <p>9:00 Vista Fitness ↔</p> <p>10:15 Manicures</p> <p>11:00 Dance Time</p> <p>1:00 Bingo</p> <p>2:00 Crafting</p> <p>3:00 AL Alligator The Crazy Cowboy ♪</p> <p>3:15 Sing A long</p> <p>4:00 Seated Yoga</p>
<p>Sesame St. Day 10</p> <p>10:15 Seated Basket Ball</p> <p>11:00 familiar faces Bingo</p> <p>1:00 Dance Time</p> <p>2:00 History Game</p> <p>3:15 Bowling</p> <p>4:00 Wheel of Fortune Game</p>	<p>Veterans Day 11</p> <p>9:00 Vista Fitness ↔</p> <p>10:00 Book Club 📖</p> <p>11:00 Ring Toss</p> <p>1:00 Seated Basket Ball</p> <p>2:00 Fidget Game</p> <p>3:15 History Game</p> <p>4:00 Ping Pong</p>	<p>National Happy Hour Day 12</p> <p>9:00 Vista Fitness ↔</p> <p>10:15 Trivia Cards</p> <p>11:00 Balloon Base Ball</p> <p>1:00 Parachute</p> <p>2:00 Puzzles</p> <p>3:00 California Bingo</p> <p>4:00 Breathing Exercise</p>	<p>National World Kindness Day 13</p> <p>9:00 Vista Fitness ↔</p> <p>10:15 Dominoes</p> <p>11:00 Corn Hole</p> <p>1:00 Golf Putting</p> <p>2:00 Who knows history better?</p> <p>3:15 Yoga Class</p> <p>4:00 Table Games</p>	<p>National Pickle Day 14</p> <p>9:00 Vista Fitness ↔</p> <p>10:15 Family feud</p> <p>11:00 Seated Basket Ball</p> <p>1:00 Blackjack</p> <p>2:00 Dace Time</p> <p>3:15 Table Games</p> <p>4:00 Stretching Exercises</p>	<p>National Bundt Day 15</p> <p>9:00 Vista Fitness ↔</p> <p>10:15 Adult Coloring</p> <p>11:00 Chair Dancing</p> <p>1:00 Karaoke Day ♪</p> <p>2:00 Dance Class</p> <p>3:00 AL Mike Noonan ♪</p> <p>3:15 Breathing Exercise</p> <p>4:00 Table Games</p>	<p>National Button Day 16</p> <p>9:00 Vista Fitness ↔</p> <p>10:15 Manicures</p> <p>11:00 Dance Time</p> <p>1:00 Bingo</p> <p>2:00 Crafting</p> <p>3:15 Sing A long</p> <p>4:00 Seated Yoga</p>
<p>National Zinfandel Day 17</p> <p>10:15 Seated Basket Ball</p> <p>11:00 familiar faces Bingo</p> <p>1:00 Dance Time</p> <p>2:00 History Game</p> <p>3:15 Bowling</p> <p>4:00 Wheel of Fortune Game</p>	<p>Odd Socks Day 18</p> <p>9:00 Vista Fitness ↔</p> <p>10:00 Book Club 📖</p> <p>11:00 Ring Toss</p> <p>1:00 Seated Basket Ball</p> <p>2:00 Fidget Game</p> <p>3:15 History Game</p> <p>4:00 Ping Pong</p>	<p>National Play Monopoly Day 19</p> <p>9:00 Vista Fitness ↔</p> <p>10:15 Trivia Cards</p> <p>11:00 Balloon Base Ball</p> <p>1:00 Parachute</p> <p>2:00 Puzzles</p> <p>3:00 California Bingo</p> <p>4:00 Breathing Exercise</p>	<p>National Childs Day 20</p> <p>9:00 Vista Fitness ↔</p> <p>10:15 Dominoes</p> <p>11:00 Corn Hole</p> <p>1:00 Golf Putting</p> <p>2:00 Who knows history better?</p> <p>3:15 Yoga Class</p> <p>4:00 Table Games</p>	<p>World Hello Day 21</p> <p>9:00 Vista Fitness ↔</p> <p>10:15 Family feud</p> <p>11:00 Seated Basket Ball</p> <p>1:00 Blackjack</p> <p>2:00 Dace Time</p> <p>3:15 Table Games</p> <p>4:00 Stretching Exercises</p>	<p>Love Your Freckles Day 22</p> <p>9:00 Vista Fitness ↔</p> <p>10:15 Adult Coloring</p> <p>11:00 Chair Dancing</p> <p>1:00 Karaoke ♪</p> <p>2:00 Dance Class</p> <p>3:15 Breathing Exercise</p> <p>4:00 Table Games</p>	<p>National Espresso Day 23</p> <p>9:00 Vista Fitness ↔</p> <p>10:15 Manicures</p> <p>11:00 Dance Time</p> <p>12:00 MC Andrez ♪</p> <p>12:00 Thanks Giving Lunch</p> <p>1:00 Bingo</p> <p>2:00 Crafting</p> <p>3:15 Sing A long</p> <p>4:00 Seated Yoga</p>
<p>National Cooper Day 24</p> <p>10:15 Seated Basket Ball</p> <p>11:00 familiar faces Bingo</p> <p>1:00 Dance Time</p> <p>2:00 History Game</p> <p>3:15 Bowling</p> <p>4:00 Wheel of Fortune Game</p>	<p>National Parfait Day 25</p> <p>9:00 Vista Fitness ↔</p> <p>10:00 Book Club 📖</p> <p>11:00 Ring Toss</p> <p>1:00 Seated Basket Ball</p> <p>2:00 Fidget Game</p> <p>3:15 History Game</p> <p>4:00 Ping Pong</p>	<p>National Cake Day 26</p> <p>9:00 Vista Fitness ↔</p> <p>10:15 Trivia Cards</p> <p>11:00 Balloon Base Ball</p> <p>1:00 Parachute</p> <p>2:00 Puzzles</p> <p>3:00 California Bingo</p> <p>4:00 Breathing Exercise</p>	<p>Drinks Giving Day 27</p> <p>9:00 Vista Fitness ↔</p> <p>10:15 Dominoes</p> <p>11:00 Corn Hole</p> <p>1:00 Golf Putting</p> <p>2:00 Who knows history better?</p> <p>3:15 Yoga Class</p> <p>4:00 Table Games</p>	<p>Thanksgiving Day 28</p> <p>9:00 Vista Fitness ↔</p> <p>10:15 Family feud</p> <p>11:00 Seated Basket Ball</p> <p>1:00 Blackjack</p> <p>2:00 Dace Time</p> <p>3:15 Table Games</p> <p>4:00 Stretching Exercises</p>	<p>Black Friday 29</p> <p>9:00 Vista Fitness ↔</p> <p>10:15 Adult Coloring</p> <p>11:00 Chair Dancing</p> <p>1:30 Steve Bali ♪</p> <p>2:00 Dance Class</p> <p>3:15 Breathing Exercise</p> <p>4:00 Table Games</p>	<p>National Mousses Day 30</p> <p>9:00 Vista Fitness ↔</p> <p>10:15 Manicures</p> <p>11:00 Dance Time</p> <p>1:00 Bingo</p> <p>2:00 Crafting</p> <p>3:15 Sing A long</p> <p>4:00 Seated Yoga</p>

