

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Events Are Subject to Change 	National Pumpkin Spice Day 1 9:15 Vista Fitness↔ 10:15 Crossword Puzzles Game 11:15 Seated Yoga 1:15 Seated Basketball 2:15 Family feud 3:15 seated baseball 4:00 Table Games	National Smarties Day 2 9:15 Vista Fitness↔ 10:15 Book Club 11:15 Seated Ping Pong 1:15 Seated Bowling 2:15 Sip and Paint 3:15 Seated Chair Dance 4:00 Table Games	National Boyfriend Day 3 9:15 Vista Fitness↔ 10:15 Family feud 11:15 Adult Coloring 1:15 Bingo 2:15 Seated balloon Game 3:15 Puzzles 4:00 Table Games	Vodka Day 4 9:15 Vista Fitness↔ 10:15 Adult Coloring 11:15 Chair Dancing 1:15 Sing A long ♪ 2:15 Fidget Game 3:15 Dance Class 4:00 Table Games	National Get Funky Day 5 9:15 Vista Fitness↔ 10:15 Coffee Social 11:15 Crafting 1:15 Karaoke Day ♪ 2:15 Dance Class 3:15 Manicures 4:00 Yoga Class
National Mad Hatter Day 6 9:15 Vista Fitness↔ 10:15 Wheel of Fortune Game 11:15 Adult Coloring 1:15 Bingo 2:15 Seated balloon Game 3:15 Making Bracelets 4:00 Table Game	National Chocolate Covered Pretzel Day 7 9:15 Vista Fitness↔ 10:15 You Be The Judge 11:15 Seated Basketball 1:15 Parachute 2:15 Word Search game 3:15 Puzzles 4:00 Table Games	Flu Vaccine With VNA 9-12PM 8 9:15 Vista Fitness↔ 10:15 Crossword Puzzles Game 11:15 Seated Yoga 1:15 Seated Basketball 2:15 Family feud 3:15 seated baseball 4:00 Table Games	National Bring Your Teddy Bear to Work Day 9 9:15 Vista Fitness↔ 10:15 Book Club 11:15 Seated Ping Pong 1:15 Seated Bowling 2:15 Sip and Paint 3:15 Seated Chair Dance 4:00 Table Games	National Angel Food Cake Day 10 9:15 Vista Fitness↔ 10:15 Family feud 11:15 Adult Coloring 1:15 Bingo 2:15 Seated balloon Game 3:15 Puzzles 4:00 Table Games	National Sausage Day 11 9:15 Vista Fitness↔ 10:15 Adult Coloring 11:15 Chair Dancing 1:15 Sing A long ♪ 1:30 Happy Hour with Sonia Shell ♪ 2:15 Fidget Game 3:15 Dance Class 4:00 Table Games	National Costume Swap Day 12 9:15 Vista Fitness↔ 10:15 Coffee Social 11:15 Crafting 1:15 Karaoke Day ♪ 2:15 Dance Class 3:15 Manicures 4:00 Yoga Class
National No Bra Day 13 9:15 Vista Fitness↔ 10:15 Wheel of Fortune Game 11:15 Adult Coloring 1:15 Bingo 2:15 Seated balloon Game 3:15 Making Bracelets 4:00 Table Game	Columbus Day 14 9:15 Vista Fitness↔ 10:15 You Be The Judge 11:15 Seated Basketball 1:15 Parachute 2:15 Word Search game 3:15 Puzzles 4:00 Table Games	National Cheese Day 15 9:15 Vista Fitness↔ 10:15 Crossword Puzzles Game 11:15 Seated Yoga 1:15 Seated Basketball 2:15 Family feud 3:15 seated baseball 4:00 Table Games	National Boss's Day 16 9:15 Vista Fitness↔ 10:15 Book Club 11:15 Seated Ping Pong 1:15 Seated Bowling 2:15 Sip and Paint 3:15 Seated Chair Dance 4:00 Table Games	National Pasta Day 17 9:15 Vista Fitness↔ 10:15 Family feud 11:15 Adult Coloring 1:15 Bingo 2:15 Seated balloon Game 3:15 Puzzles 4:00 Table Games	National Chocolate Cupcake Day 18 9:15 Vista Fitness↔ 10:15 Adult Coloring 11:15 Chair Dancing 1:15 Sing A long ♪ 2:15 Fidget Game 3:15 Dance Class 4:00 Table Games	National Seafood Bisque Day 19 9:15 Vista Fitness↔ 10:15 Coffee Social 11:15 Crafting 1:15 Karaoke Day ♪ 2:15 Dance Class 3:15 Manicures 4:00 Yoga Class
Chicken and Waffles Day 20 9:15 Vista Fitness↔ 10:15 Wheel of Fortune Game 11:15 Adult Coloring 1:15 Bingo 2:15 Seated balloon Game 3:15 Making Bracelets 4:00 Table Game	National Pumpkin Cheesecake Day 21 9:15 Vista Fitness↔ 10:15 You Be The Judge 11:15 Seated Basketball 1:15 Parachute 2:15 Word Search game 3:15 Puzzles 4:00 Table Games	National Color Day 22 9:15 Vista Fitness↔ 10:15 Crossword Puzzles Game 11:15 Seated Yoga 1:15 Seated Basketball 2:15 Family feud 3:15 seated baseball 4:00 Table Games	National Horror Movie Day 23 9:15 Vista Fitness↔ 10:15 Book Club 11:15 Seated Ping Pong 1:15 Seated Bowling 2:15 Sip and Paint 3:15 Seated Chair Dance 4:00 Table Games	National Bologna Day 24 9:15 Vista Fitness↔ 10:15 Family feud 11:15 Adult Coloring 1:15 Bingo 2:15 Seated balloon Game 3:15 Puzzles 4:00 Table Games	Greasy Foods Day 25 9:15 Vista Fitness↔ 10:15 Adult Coloring 11:15 Chair Dancing 1:15 Sing A long ♪ 1:30 Happy Hour With Peter Cour ♪ 2:15 Fidget Game 3:15 Dance Class 4:00 Table Games	National Pumpkin Day 26 9:15 Vista Fitness↔ 10:15 Coffee Social 11:15 Crafting 1:15 Karaoke Day ♪ 2:15 Dance Class 3:15 Manicures 4:00 Yoga Class
National Black Cat Day 27 9:15 Vista Fitness↔ 10:15 Wheel of Fortune Game 11:15 Adult Coloring 1:15 Bingo 2:15 Seated balloon Game 3:15 Making Bracelets 4:00 Table Game	National Chocolate Day 28 9:15 Vista Fitness↔ 10:15 You Be The Judge 11:15 Seated Basketball 1:15 Parachute 2:15 Word Search game 3:15 Puzzles 4:00 Table Games	National Hermit Day 29 9:15 Vista Fitness↔ 10:15 Crossword Puzzles Game 11:15 Seated Yoga 1:15 Seated Basketball 2:15 Family feud 3:15 seated baseball 4:00 Table Games	National Candy Corn Day 30 9:15 Vista Fitness↔ 10:15 Book Club 11:15 Seated Ping Pong 1:15 Seated Bowling 2:15 Sip and Paint 3:15 Seated Chair Dance 4:00 Table Games	Halloween Day 31 9:15 Vista Fitness↔ 10:15 Family feud 11:15 Adult Coloring 1:15 Bingo 2:15 Seated balloon Game 3:15 Puzzles 4:00 Table Games		